



Niagara County Office for the Aging
111 Main Street, Suite 101
Lockport, NY 14094
Eat Well...Stay Well Dining Program
439-4030

*Recipe provided by Niagara County Office for the Aging,
Eat Well...Stay Well Dining Program*

**A “Good for the Heart” Recipe by Glenda
Molasses Cookies**

½ cup canola oil
1 cup sugar or Splenda
¼ cup molasses
1 large egg
2 cups flour
2 teaspoons baking soda
½ teaspoon ginger
½ teaspoon cloves
1 teaspoon cinnamon
¼ teaspoon salt
1 cup raisins if desired

Mix together in mixing bowl. Use cookie scoop, preferably on an air-bake cookie sheet or Pampered Chef baking stone. Sprinkle lightly with a small amount of sugar on each cookie.

Bake 8-10 minutes at 350 degrees.