



Niagara County Office for the Aging
111 Main Street, Suite 101
Lockport, NY 14094
Eat Well...Stay Well Dining Program
439-4030

*Recipe provided by Niagara County Office for the Aging,
Eat Well...Stay Well Dining Program*

Summery Salad Dressing

1 small jalapeño pepper, chopped finely
9 T. Olive Oil
9 T. Lime Juice
3 T. Honey

Mix together and refrigerate.

Cut recipe in half for a smaller amount.