

STD (Sexually Transmitted Diseases) FACT SHEET

STD	Symptoms	How do you get this STD?	Treatable	Curable	What can happen if you don't get treated?
Chlamydia Urethritis Cervicitis	<ul style="list-style-type: none"> 80% of women and 50% of men have no symptoms Symptoms show in 1 to 5 weeks Burning on urination Clear to yellow discharge Women – pain in lower belly and/or bleeding between periods or pain during sexual intercourse 	Any form of sexual activity, including oral, vaginal or anal sex	YES	YES	<ul style="list-style-type: none"> Spread to sexual partners Can cause conditions that are life long, including: <ul style="list-style-type: none"> Permanent damage to the reproductive system May not be able to have children Eye infections and pneumonia in babies born to mothers with the infection Women may develop PID, a very serious condition Can increase your chance of becoming infected with HIV if exposed to the virus
Gonorrhea	<ul style="list-style-type: none"> most women and many men have no symptoms symptoms show in 2 to 60 days thick yellow / green discharge burning on urination pain in lower belly in women, spotting and/or bleeding between periods or during sex men may get swollen or pain in testicles rectal symptoms: discharge, itching, soreness, bleeding, painful bowel movements 	Any form of sexual activity, including oral, vaginal or anal sex	YES	YES	<ul style="list-style-type: none"> Spread to partners Can cause conditions that are life long, including: <ul style="list-style-type: none"> Permanent damage to reproductive system May not be able to have children Can cause heart damage, skin problems, arthritis and blindness Women may develop PID, a very serious condition Can increase your chance of becoming infected with HIV if exposed to the virus
Syphilis	<p>1st Stage</p> <ul style="list-style-type: none"> Symptoms present in 3 to 90 days Painless sore(s) at site of first contact Sore(s) last 1 to 5 weeks, then disappear <p>2nd Stage</p> <ul style="list-style-type: none"> Symptoms present in 1½ to 6 months after sores heal; last 2 to 6 weeks, then disappear Rash on any part of the body, patchy hair loss, flu-like symptoms 	<p>Any form of sexual activity, including oral, vaginal or anal sex</p> <p>Passed from mother to fetus causing severe damage</p>	YES	YES	<ul style="list-style-type: none"> Spread to partners Can cause conditions that are life long, including: <ul style="list-style-type: none"> Heart, brain, arthritis and damage to other organs Blindness Infant can have life threatening problems Miscarriage, if pregnant Can increase your chance of becoming infected with HIV if exposed to the virus
Genital Warts (HPV)	<ul style="list-style-type: none"> Usually appear 1 to 3 months after exposure Small growths on sex organs, anus and oral cavity; may be different sizes and colors Usually painless 	Skin-to-skin contact	YES	NO	<ul style="list-style-type: none"> Spread to sex partners Virus stays in body for life Strong link to cancer Can be passed to baby at birth Can increase your chance of becoming infected with HIV if exposed to the virus



Niagara County Department of Health's Sexual Health Center is open Monday and Thursday from 9:00 A.M. to 3:00 P.M.
Express clinics are held Wednesdays for patients with no symptoms requesting routine screening. Call 278-1900 for hours.

STD & HIV testing is CONFIDENTIAL and is offered to anyone 12 years of age and older.
Please bring photo I.D. and health insurance card with you to clinic. We are not able to perform STD testing if you are pregnant.



Public Health
Prevent. Promote. Protect.

STD (Sexually Transmitted Diseases) FACT SHEET

STD	Symptoms	How do you get this STD?	Treatable	Curable	What can happen if you don't get treated?
Herpes Simplex Virus (HSV) Herpes	<p>1st Episode</p> <ul style="list-style-type: none"> Painful or itchy sores Fever Flu symptoms Swollen glands in groin Sores on both sides of affected area, sex organs, buttocks, anus, thighs <p>Recurrent Episodes</p> <ul style="list-style-type: none"> Fewer sores Less severe Usually on only one side of affected area 	<p>Skin-to-skin contact</p> <p>Can spread to self by touching sores then touching another part of your body</p> <p>Virus is spread during an outbreak, but can also be spread when there are no visible sores</p>	<p>YES</p> <p>Medication can lessen severity of the outbreak</p>	NO	<ul style="list-style-type: none"> Spread to sex partners Virus stays in body for life Can transmit to baby during birth Can be spread to eyes causing major problems Can increase your chance of becoming infected with HIV if exposed to the virus
Trich	<ul style="list-style-type: none"> Symptoms usually show in 4 to 20 days Yellow-green discharge, bubbly, foul odor discharge Painful urination Painful intercourse May not have symptoms 	<p>Spread through sexual intercourse</p> <p>Rarely can be transmitted through wet towels, bathing suits, underwear, washcloths and toilet seats.</p> <p>Diagnosis can only be made on females, although males can also have the infection</p>	<p>YES</p> <p>Partners need to be treated</p>	YES	<ul style="list-style-type: none"> Spread to partners Can lead to the development of PID in women, a very serious condition Can increase your chance of becoming infected with HIV if exposed to the virus
Bacterial Vaginosis (BV)	<ul style="list-style-type: none"> NOT considered an STD Sexually active women are more prone to it An infection of women only Thin, gray or white foul odor discharge Rarely irritating 	<p>Actual cause is unknown</p> <p>An imbalance in the normal condition of the vagina occurs which leads to an overgrowth of "bad" bacteria and knocks out the "good" bacteria.</p>	<p>YES</p> <p>Although, many women will have frequent episodes</p> <p>Male sexual partners are not treated</p>	YES	<ul style="list-style-type: none"> Makes you more susceptible to other STD's, PID and HIV PID can cause permanent damage to the reproductive system
Yeast	<ul style="list-style-type: none"> A condition affecting women A white, clumpy cottage-cheese like discharge NO odor Severe itching Swelling and soreness of the vaginal opening Painful urination and/or painful intercourse 	<p>NOT an STD</p> <p>Causes include: antibiotics, pregnancy, diabetes, numerous partners, tight pants, soaps, bath oils, douches, deodorant sprays, suppressed immune system</p>	<p>YES</p> <p>Partners are not treated</p>	YES	<ul style="list-style-type: none"> Usually just a very uncomfortable condition Because of the sores, it may cause an increase in the chance of getting HIV if exposed to the virus

If you received testing, please call 278-1960 or 278-1900 in 10 days for your results.

***** FOR MORE INFORMATION AND FOR HOURS OF OPERATION FOR THE EXPRESS CLINIC, CALL 278-1960 or 278-1900 *****