

Are you Diabetic?

Would you like to live healthier, lower your Hemoglobin A1C and reduce your risk of complications due to diabetes?



Join us at a **FREE**, 6 week session of
Diabetes Self-Management classes at

The North Tonawanda Library

505 Meadow Drive, North Tonawanda, New York 14120

Friday, July 8, 2022 to August 12, 2022
9:00 a.m. to 11:30 a.m.

Sponsored by:



and



To register for the class or for more information, call 278-1900 or register online at <https://www.compasshp.org>

