

**Are you or someone
you know a Niagara
County resident age 55
and older who is:**

**Feeling stressed?
Overwhelmed?
Isolated?
Depressed?
Anxious?**

Are you...

**worried about drinking
too much?**

**using too much
medication?**

**Do you have
difficulty...**

**getting or preparing food?
doing minor home repairs?
getting to appointments?**

**WE CAN HELP !
(716) 285-3515**



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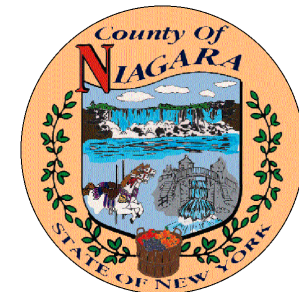
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Office of Mental Health



Helping people in Niagara County aged 55 and older whose ability to remain safe and independent in the community is at risk due to mental health and/or substance abuse concerns.





**PARTNERSHIP FOR
HEALTHY AGING
IN
NIAGARA COUNTY**

**THIS PROGRAM IS FREE
OF CHARGE . FOR MORE
INFORMATION, PLEASE
CALL (716) 285-3515**

LINKING SENIORS WITH:

- **AGING SERVICES**
- **MENTAL HEALTH CARE**
- **SUBSTANCE ABUSE
TREATMENT**
- **SOCIAL SUPPORTS**
- **CARE MANAGEMENT**

**PARTNERSHIP FOR HEALTHY
AGING**

The Partnership for Healthy Aging in Niagara County is a unique collaboration between the Niagara County Department of Mental Health & Substance Abuse Services, the Niagara County Office for the Aging, and Northpointe Council. The goal of this program is to assist individuals in Niagara County age 55 and older to remain safely in the community and also to help them to flourish by remaining connected with medical, behavioral health and non-medical supports in the community.

There are three components to this program;

- **Aging Services access** can screen for aging needs that may place the older adult's ability to remain in the community in jeopardy and can assist with linkages to needed services for nutritional support, personal care, transportation, financial stability, and increasing socialization.
- Behavioral Health access screens for behavioral health needs and can help individuals get connected to needed mental health or substance abuse services.
- Mobile Outreach and off-site services include services provided by the **Older Adult Clinical Specialist** who can provide short-term in home therapeutic assistance as well as assisting those individuals who are not connected to needed services or who may have difficulty accessing services.

