

Description of Services

- CSPOA was created for the purpose of identifying Niagara County’s most at-risk children and youth and developing strategies to maintain them in their homes and communities. CSPOA will also assess need for mental health placement (Residential Treatment Facility and Community Residence) and refer to those services after home based services and community treatments have been tried.
- CSPOA will assess the strengths and needs of children referred and will develop plans to link those children to the most appropriate services. CSPOA will also monitor and track children as they move through the continuum of care.
- CSPOA is available to families and service providers who are seeking help for a child with an emotional disability and who are at risk of hospitalization or placement.
- The following provides a brief description of the services available to eligible children and youth referred to CSPOA. It is the responsibility of CSPOA to determine if / what services a child and family is eligible for and to refer them to the appropriate service, agency or committee for consideration.
- The following programs are designed to meet the common goal of prevention and out of home placement and / or psychiatric hospitalization. Participation is voluntary and provided at no cost to families.

Home and Community Based Waiver Services (HCBS Waiver):

HCBS are Medicaid services that give children and youth with intensive care needs the choice to stay in their home and communities. HCBS are for children who, without these supportive services, would require the level of care provided in a more restrictive setting, such as a residential treatment facility, nursing home or psychiatric inpatient care.

Child and Family Treatment Support Services (CFTSS)*: Children and Youth (under the age 21) who are covered by Medicaid and have mental health and/or substance use needs, goal of identifying needs early, providing various levels of support in the home and community, and preventing the need for emergency room visits, hospital stays or out of home placements.

Mobile Integration Team (MIT): *(Western New York Children’s Psychiatric Center)*

Short Term Services to bridge service gaps. Offers brief therapeutic support, skill building, crisis assessment and intervention (not 24/7), consultation and information, peer support and skills training, family and caregiver support and skill building, behavioral support and consultation, and in home and community based respite.

Health Home Care Management Services: A ‘Health Home’ is a group of health care and service providers working together to make sure you get the care/services you need to stay healthy. Once enrolled in a Health Home, you will have a care manager that works with you to develop a care plan. A care plan maps out the services you need, to put you on the road to better health. Some of the services may include: Connecting to health care providers, Connecting to mental health and substance abuse providers, Connecting to needed medications, Help with housing, Social services (such as food, benefits, and transportation) or, community programs that can support and assist you. In order to be eligible for services, the individual must be enrolled in Medicaid and must have: Two or more chronic conditions (e.g., Substance Use Disorder, Asthma, Diabetes*) *OR* One single qualifying chronic condition: HIV/AIDS *OR* Serious Emotional Disturbance (SED) *OR* Complex Trauma.

Health Homes and Associated Care Management Providers:

Children’s Health Home of Upstate NY (CHHUNY)		Encompass Health Home	Niagara Falls Memorial Medical Center Health Home	Oishei Healthy Kids
<ul style="list-style-type: none"> ▪ Baker Victory Services ▪ Best-Self Behavioral Health ▪ Child & Family Services ▪ Community Services for Every1 ▪ Pinnacle Community Services ▪ Gateway Longview ▪ Gustavus Adolphus ▪ Hillside Children’s Center ▪ Kidspace ▪ Liberty Resources 	<ul style="list-style-type: none"> ▪ Monroe Plan for Medical Care ▪ Native American Community Services ▪ New Directions Youth & Family Services ▪ People Inc. ▪ St. Anne Institute ▪ Salvation Army ▪ Summit Educational Resources ▪ Vanderheyden Hall 	<ul style="list-style-type: none"> ▪ Baker Victory Services ▪ Catholic Charities of WNY ▪ Pinnacle Community Services 	<ul style="list-style-type: none"> ▪ Niagara Falls Memorial ▪ Native American Community Services ▪ People Inc. 	<ul style="list-style-type: none"> ▪ Heritage Christian Center ▪ People Inc. ▪ The Summit Center

Catholic Charities MST program: MST (Multi-Systemic Therapy) is a program that provides intensive home based services (2-3 visits per week) to families for an average of 3-5 months. This program is targeted for families and caregivers with a youth age 12-17 that are at risk of PINS, probation or out of home placement and who exhibit aggressive, delinquent, or criminal behavior.

Respite Services: Time away for Families, caregivers and children who are in need of break to nourish themselves and prevent a crisis.

In Home Respite: The Mental Health Association of Niagara County will provide in home respite to children and their siblings receiving mental health services in Niagara County

Family Support: Parent led support groups offered in a variety of community sites in Niagara County for caregivers raising children with emotional and behavioral problems. Childcare and transportation is available. Advocacy, referrals, linkage, recreational activities and home visits are also available.

***Child and Family Treatment Support Services: (accessible directly through Health Home Care Management)**

- Therapy Services: Other Licensed Practitioner:
 - assessments for mental health and/or substance use needs,
 - identify strengths and abilities through individual and group therapies,
 - get individual, group, or family therapy where you are most comfortable.
- Rehabilitation Services: Psychosocial Rehabilitation and Community Psychiatric Support & Treatment
 - Learn to incorporate therapy goals into everyday life and receive extra support managing medication,
 - Build relationships and communicate better with family, friends and others,
 - Learn self-care, and using coping skills to manage emotions.
- Family Peer Support Services (beginning 7/2019)
 - Get support if you are raising youth with mental health and/or substance use challenges,
 - Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences,
 - Get support and assistance with:
 - Locating information and resources available to meet the youth/family's needs
 - Making informed decisions
 - Building and strengthening natural supports and resources

C-YES (Child and Youth Evaluation Services): Maximus State Designated Independent Entity: is a statewide program that determines whether a child/youth (under age 21) is eligible for Home and Community Based Services (HCBS). C-YES has Registered Nurses who meet with children/youth to determine whether they qualify for HCBS covered by New York State Medicaid. Children and youth who are not enrolled in Medicaid should be referred to C-YES to be evaluated for HCBS. C-YES also assists children and youth who seem eligible for HCBS to apply for Medicaid. Call C-YES at 1-833-333-CYES (1-833-333-2937).

Services and programs available for families in the community and accessible only through referral to CSPOA:

Community Crisis Intervention (CCI): (New Directions Youth and Family Services)

Case managers provide direct services to children / youth that are at imminent risk of hospitalization or have had a recent crisis and their families. Services include at least 2 face to face contacts in the home per week for a 6-10 week period, 24 hour availability for crisis intervention and stabilization, child and family assessments, linkages, referrals and advocacy.

Legacy/ Non-Medicaid Care Management Services (Pinnacle Community Services and New Directions Youth and Family Services): Intake and Screening; Assessment and Reassessment of functional impairments, needs and strengths; Development and Implementation of Care Management Plan, which includes linkage and referral to services and advocacy; Coordination of Services; Crisis Intervention; Support Building; Monitoring and Follow up of Case Management Services; Verbal intervention and Discharge Planning.

Children's Mental Health Housing (Residential Treatment Facilities and Community Residences):

- Residential treatment facilities (RTF) provide fully integrated mental health treatment services to seriously emotionally disturbed (SED) youth between the ages of 5 and 18, they are less restrictive, unlocked and less intensively staffed than psychiatric centers and are operated by non-profit agencies.
- Community Residence: provides group living for six to eight children and or adolescents. The program provides a supervised, therapeutic environment which seeks to develop the resident's skills and capacity to live in the community and attend school/ work as appropriate.