



Niagara County Office for the Aging
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Eat Well...Stay Well Dining Program
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*Recipe provided by Niagara County Office for the Aging,
Eat Well...Stay Well Dining Program*

Easy Black Bean Brownies

1 Brownie Mix for a 9x13-inch pan of brownies
1 (15 ounce) can black beans, rinsed and drained
1 cup water
1 cup chocolate chips, divided

1. Preheat oven to 350F degrees.
2. Lightly grease a 9x13-inch baking pan and set aside.
3. Puree the beans and water together in a blender or food processor until smooth.
4. Stir into the brownie mix until combined.
5. Stir in 1/2 cup chocolate chips.
6. Pour the mixture into the prepared pan and sprinkle with chocolate chips.
7. Bake for 25-27 minutes or until a toothpick inserted 2 inches from the side of the pan comes out almost clean.
8. Cool completely on a wire rack and then cut into desired size and shape brownies.