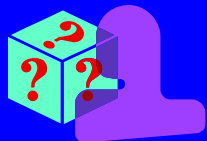


Niagara County Office for the Aging

Established in 1973,
The Niagara County
Office for the Aging
brings together pro-
grams, services and
supports which help
our 43,000 elderly
maintain their inde-
pendence.

The mission of the
OFA is to monitor, de-
velop and promote
new and better ser-
vices for all persons
age 60 and over.



Medical Van: Do you need rides to medical appointments. The Senior Van Coordinator can provide you with information on the various transportation options. Call our Senior Van Program at least 2 weeks in advance to schedule an appointment.

Caregiver Program: If you are a person caring for a loved one or neighbor, trying to help them remain in their home or yours, you are a Caregiver. Call our Caregiver Program to get help with linkage to services or to provide care for them when other things demand your attention.

File of Life Program: A personal medical information packet that is kept on the outside of your refrigerator. It includes a compact version that goes in your purse or wallet along with a sticker for your door to alert medical/ambulance personnel that you have the File of Life.



Niagara County Office for the Aging

111 Main Street
Suite 101
Lockport, NY 14094

Phone: 438-4020
Fax: 438-4029

Email: OFA@niagaracounty.com
Web Address: www.niagaracounty.com/OFA

Niagara County Office for the Aging



Services for Seniors in Niagara County

Telephone: 438-4020

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E-mail:

OFA@niagaracounty.com

Web address:

*[www.niagaracounty.com/
OFA](http://www.niagaracounty.com/OFA)*

The Office for the Aging is funded by the New York State Office for the Aging with Older Americans Act and New York State funds, and by Niagara County.

Are you or someone you love a Niagara County resident age 60 or older? Would you like to know more about programs for older persons? The Niagara County Office for the Aging would like to help you!

Most of our programs charge no fees, but we appreciate your contributions.

Information and Assistance:

Questions on any issues of concern to older persons - recreation, financial benefits, help in your home, housing problems, help with energy bills, legal concerns, transportation, Medicare billing, help for homebound persons in completing applications, help for a family member or friend. Our staff can come to your home if you need them to, and are available on a regular basis in all of the senior centers.

Referral: Our staff is familiar with all types of programs and services for older persons. They can help you call the right people and get any paperwork completed to help you get what you need. For help in finding employment programs, senior companions, services for visually impaired, adult day care, mental health care, help for caregivers, and more.

Health Insurance Counseling: Our HIICAP (Health Insurance Information, Counseling and Assistance Program) staff can help you learn more about buying and maintaining adequate health insurance, and can help you cope with the paperwork problems that often come up after you have received health care services.

Food: Hot meals at noon are available up to five days a week at 20 congregate meal sites across the County. Have lunch with a group of people 60 and over and participate in the activities planned for each site. Van transportation is available to many of the congregate sites. Home delivered meals are available for homebound persons in most areas of the County. Both hot and cold meals can be delivered. The suggested contribution for both home delivered and congregate meals is \$2.50 per meal.

Nutrition Education and Counseling: Regular programs on nutrition and health topics are available at all meal sites. Call to find out about special programs on healthy living and exercise scheduled at some of our sites. Our staff can provide individual counseling at the sites or in your home if needed.

Legal Services: Would you like to talk to a lawyer about your will, consumer fraud, Social Security problems, or other legal concerns? Our lawyer is available on a regular basis at sites throughout the county.

Help with Utility Bills: Our office processes HEAP (Home Energy Assistance Program) applications for county residents 60 and older and for persons on SSI. Call for an application.

(WRAP) Weatherization Referral and Packaging: Do you need home repairs and don't know who to call? If you are eligible for HEAP, you can get help in finding low or no cost repairs and other home modifications to help you maintain your home.

Home Care: Our EISEP (Expanded In-Home Services for the Elderly) staff can help you determine if you need assistance in your home and help you find someone to provide it. For lower income persons not eligible for Medicaid, help in paying for home care is available. Our staff will help you develop a plan to insure you can remain in your own home as long as possible.

Long Term Care Insurance Education and Outreach

Program (LTCIECP): Provides free, unbiased information and assistance for the sole purpose of educating consumers regarding the choices available for financing their future long term care needs.