

# **In-Home Attendants for People with Disabilities Guide**

## **NY Connects Niagara County**

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NY Connects Niagara County offers information and assistance, education and screening to individuals, their families and/or caregivers, as well as people employed in the helping service professions. It assists Niagara County residents in making informed choices regarding their long term care needs by letting residents know who provides those services nearest to them and how to get in touch with service providers.

The goal of NY Connects Niagara County is to assist Niagara County residents in identifying available long term care options for them or their loved ones by providing accessible, coordinated, unbiased and person-centered information and assistance services. By providing information and assistance about available services, it is also our goal to enable a person to remain in their home as long as possible.

Every effort has been made to ensure the information contained in this guide is accurate and current. For the most current version of this guide, please visit the NY Connects Niagara County website at [www.niagaracounty.com](http://www.niagaracounty.com). Please select NY Connects under the departments listing.

You can contact NY Connects Niagara County at (716) 438-3030, Monday through Friday, from 9:00 am to 4:00 pm with any questions you have regarding long term care services in Niagara County.



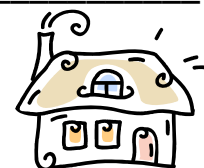
## What is Long Term Care?

Traditionally, long term care only meant care provided in a nursing home. Today, long term care includes medical and non-medical services that are provided in a variety of settings. Long term care services include:

Activities of Daily Living Assessment	Insurance/Benefit Information & Counseling
Adult Care Homes	Interpreter Registries
Adult Day Care—Medical and Social	Legal Services
Advocacy	Mental Health Services
Assisted Living Facilities	Nutrition Assessment Services
Assistive Technology Equipment	Nutrition Education
Caregiver Training	Outreach Programs
Case/Care Management	Personal Care Services
Centers for Independent Living	Personal Emergency Response Systems
Child Care Provider Referrals	Personal Finances/Budget Counseling
Companionship	Private Duty Nursing
Condition Specific Rehabilitation Services	Property Tax Exemption Information
Congregate Meals/Nutrition Sites	Protective Services
Early Intervention Services for Children with Disabilities or Delays	Respite Care
Food Pantries	Senior Centers
Food Stamps	Services for People Living with Developmental Disabilities
Friendly Visiting	Skilled Nursing Facilities/Nursing Homes
Health Care Referrals	Soup Kitchens
Home Barrier Evaluation/Removal	Special Education Assessments
Home Delivered Meals	Substance Abuse Services
Home Health Care	Support Groups/Counseling
Home Maintenance & Minor Repair Services	Telephone Reassurance
Home Rehabilitation	Transportation
Hospice	Utility Bill Payment Assistance
Household Safety Education	Vocational Rehabilitation
Housing—Low Income, Subsidized and Non-Subsidized Rentals	Weatherization Programs
In-Home Attendants for People with Disabilities	Wellness Programs
	WIC
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## Where are Long Term Care services provided?



Long Term Care services are provided in a variety of settings:

- In your home, such as home delivered meals or home health services;
- In the community where you live, such as a senior center or congregate dining site; or
- In a residential setting, such as an adult care home or skilled nursing facility.

Some agencies only perform services in one of the above settings while others may offer services in multiple settings. NY Connects Niagara County can provide you information about where various services are provided, based on your needs.

## How do I determine my needs?

The type of care you need is determined by the amount of help you need with daily activities, such as:

- Bathing
- Dressing
- Eating
- Grooming
- Toileting
- Mobility/Transferring
- Housework
- Cleaning
- Preparing Meals
- Laundry
- Shopping/Errands
- Transportation



If you need help with one or more of these activities, you may need long term care services. Although it may be hard to decide what care and services you want, NY Connects Niagara County can connect you with the resources that can assist you.

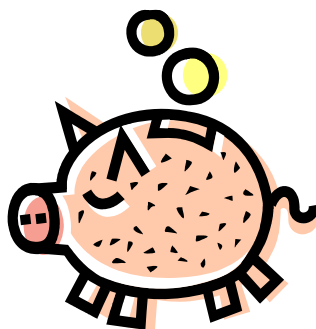
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## How do I pay for Long Term Care services?

The following are common means of paying for long term care services:

- Long Term Care Insurance
- Medicare
- Medicaid
- Private resources, such as savings, pensions, or trust funds
- Veterans Benefits
- Health Insurance
- SSI/SSD

When your insurance does not cover the care you need, you may need to find a way to pay for your expenses.



## What are In-Home Attendants for People with Disabilities?

**In-Home Attendants for People with Disabilities** offer services of individuals who have been trained to provide assistance for people who have disabilities and who need help in daily living routines in the home or when they are out in the community. These programs are sometimes referred to as Consumer Directed Programs.



## Allstate Homecare of Niagara County, Inc.

9701 Niagara Falls Boulevard, Suite 2B  
Niagara Falls, NY 14304  
Phone: (716) 298-8680  
Fax: (716) 298-8680

<b><i>Also Known As:</i></b>	The Patient People
<b><i>Formerly Known As:</i></b>	
<b><i>Mailing Address:</i></b>	9701 Niagara Falls Boulevard, Suite 2B, Niagara Falls, NY 14304
<b><i>Other Site Addresses:</i></b>	6490 Main Street, Suite 4, Williamsville, NY 14221 Phone: (716) 565-3626 Fax: (716) 565-3631
<b><i>TDD/TYY Number:</i></b>	
<b><i>Website Address:</i></b>	
<b><i>Email Address:</i></b>	
<b><i>Hours of Operation:</i></b>	8:30 am to 4:30 pm, Monday through Friday.
<b><i>Services Provided:</i></b>	Registered nurse, licensed practical nurse, personal care aide, and home health aide services, companion sitters, and consumer-directed programs.
<b><i>Eligibility Requirements:</i></b>	Referral or orders from physician, referral from facility, nursing assessment.
<b><i>Documentation Required:</i></b>	Physician orders for all private pay, insured and all nursing level cases. Care plans approved by New York State Regulatory Agencies.
<b><i>Geographic Area Served:</i></b>	Niagara and Erie counties.
<b><i>Public Transportation:</i></b>	All major bus routes.
<b><i>Application Process:</i></b>	Through Department of Social Services, Department of Health, or Office for the Aging. Private pay requires meeting with client or family and nursing assessment.
<b><i>Languages:</i></b>	English, Spanish, French, Yiddish.
<b><i>Cost of Services:</i></b>	Varies based on services. Please contact Allstate Homecare for more information.
<b><i>Payment Methods:</i></b>	Insurances, Workers' Compensation, Disability, private pay, Medicaid (must be accessed through Department of Social Services for Medicaid to pay for covered services).

**The Dale Association, Inc.  
In-Charge Home Care Program**

315 Bewley Building  
Lockport, NY 14094  
Phone: (716) 433-4442  
Fax: (716) 433-1212

<b>Also Known As:</b>	Consumer Directed Home Care
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	315 Bewley Building, Lockport, NY 14094
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	www.daleassociation.com
<b>Email Address:</b>	info@daleassociation.com
<b>Hours of Operation:</b>	8:30 am to 4:30 pm, Monday through Friday.
<b>Services Provided:</b>	A consumer directed home care program. Consumer independently recruits, interviews, hires, trains, supervises, and schedules the care aide of their choice. Care aides assist with bathing, dressing, grooming, medications, transferring, exercise, toileting, light house keeping, cooking and feeding, laundry, grocery shopping and errands. Consumers may hire friends, relatives and neighbors. Aides do not have to be certified.
<b>Eligibility Requirements:</b>	Consumers must have Medicaid, live in Niagara County, be medically stable, have an expected home care need for a minimum of 180 days, be self-directing or have a significant other or parent who agrees to take responsibility for supervising the Care Aide.
<b>Documentation Required:</b>	All referrals must be given to the Niagara County Department of Social Services, Home Care unit. The intake phone number is (716) 278-8620.
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	Metro bus station, MetroLink and ParaTransit directly on route. Dale Transportation Services also available.
<b>Application Process:</b>	Department of Social Services will request physician orders and home care assistance worker will complete assessment at consumer's home and determine home care hours and weeks needed. The Dale Association will train the consumer on how to recruit, interview, hire, train and supervise home care aides.
<b>Languages:</b>	English.
<b>Cost of Services:</b>	Medicaid covers cost for eligible persons.
<b>Payment Methods:</b>	Medicaid.

## Independent Living of Niagara County Consumer Directed Personal Care Assistance Program

746 Portage Road  
Niagara Falls, NY 14301  
Phone: (716) 284-4131, ext. 18 or 1-888-567-6454  
Fax: (716) 284-3230

<b><i>Also Known As:</i></b>	CDPAP
<b><i>Formerly Known As:</i></b>	
<b><i>Mailing Address:</i></b>	746 Portage Road, Niagara Falls, NY 14301
<b><i>Other Site Addresses:</i></b>	
<b><i>TDD/TYY Number:</i></b>	
<b><i>Website Address:</i></b>	<a href="http://www.wnyil.org">www.wnyil.org</a>
<b><i>Email Address:</i></b>	<a href="mailto:jchristopher@wnyil.org">jchristopher@wnyil.org</a>
<b><i>Hours of Operation:</i></b>	9:00 am to 5:00 pm, Monday through Friday.
<b><i>Services Provided:</i></b>	Consumer directed in-home attendant program for personal care, respite and supervisory care.
<b><i>Eligibility Requirements:</i></b>	Individual must currently be eligible for Medicaid and be certified for homecare through the Niagara County Department of Social Services.
<b><i>Documentation Required:</i></b>	Proof of Medicaid and homecare eligibility is required.
<b><i>Geographic Area Served:</i></b>	Niagara County.
<b><i>Public Transportation:</i></b>	
<b><i>Application Process:</i></b>	Once approved for Consumer Directed Personal Care Assistance Program, intake will be completed and training will be provided.
<b><i>Languages:</i></b>	English.
<b><i>Cost of Services:</i></b>	Please contact the Consumer Directed Personal Care Assistance Program for more information.
<b><i>Payment Methods:</i></b>	Medicaid.

**People-Inc.**  
**Consumer Directed Personal Assistance Program**

2128 Elmwood Avenue  
Buffalo, NY 14207  
Phone: (716) 874-5600  
Fax: (716) 874-0388

<b>Also Known As:</b>	CDPAP
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	2128 Elmwood Avenue, Buffalo, NY 14207
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	www.people-inc.org
<b>Email Address:</b>	kturchiarelli@people-inc.org
<b>Hours of Operation:</b>	6:00 am to 9:00 pm, 7 days a week. Answering service from 9:00 pm to 6:00 am, 7 days a week.
<b>Services Provided:</b>	Program provides resources and training to support individuals interested in assuming responsibility for coordination of their own personal care services. Individual hires, trains and supervises their own attendant, who is reimbursed through the Medicaid program.
<b>Eligibility Requirements:</b>	Resident of Niagara County, Medicaid eligible, eligible for Medicaid personal care services, and must be able and willing to direct service provider in required work tasks.
<b>Documentation Required:</b>	
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	
<b>Application Process:</b>	Please contact the Niagara County Department of Social Services at . (716) 278-8620 to complete the intake process.
<b>Languages:</b>	English.
<b>Cost of Services:</b>	Please contact People, Inc. for more information.
<b>Payment Methods:</b>	Medicaid.

