

# Adult Day Programs Guide

## **NY Connects Niagara County**

111 Main Street, Suite 101

Lockport, NY 14094

Phone: (716) 438-3030

Fax: (716) 438-4029

[nyconnects@niagaracounty.com](mailto:nyconnects@niagaracounty.com)

[www.niagaracounty.com/nyconnects.asp](http://www.niagaracounty.com/nyconnects.asp)



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NY Connects Niagara County offers information and assistance, education and screening to individuals, their families and/or caregivers, as well as people employed in the helping service professions. It assists Niagara County residents in making informed choices regarding their long term care needs by letting residents know who provides those services nearest to them and how to get in touch with service providers.

Long term care includes medical and non-medical services that are provided in a variety of settings. This may include home health services, assisted living, personal care services, therapy services, such as physical, occupational or speech, nursing homes, transportation services, adult day programs, and home delivered meals programs.

The goal of NY Connects Niagara County is to assist Niagara County residents in identifying available long term care options for themselves or their loved ones by providing accessible, coordinated, unbiased and person-centered information and assistance services. By identifying available long term care options, it is also our goal to enable a person to remain in their home as long as possible.

Every effort has been made to ensure the information contained in this guide is accurate and current. For the most current version of this guide, please visit the NY Connects Niagara County website at [www.niagaracounty.com](http://www.niagaracounty.com). Please select NY Connects under the departments listing.

You can also contact NY Connects Niagara County at (716) 438-3030, Monday through Friday, from 8:00 am to 4:00 pm with any questions you have regarding long term care services in Niagara County.



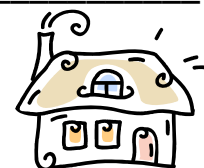
## What is Long Term Care?

Traditionally, long term care only meant care provided in a nursing home. Today, long term care includes medical and non-medical services that are provided in a variety of settings. Long term care services include:

Activities of Daily Living Assessment	Insurance/Benefit Information & Counseling
Adult Care Homes	Interpreter Registries
Adult Day Care—Medical and Social	Legal Services
Advocacy	Mental Health Services
Assisted Living Facilities	Nutrition Assessment Services
Assistive Technology Equipment	Nutrition Education
Caregiver Training	Outreach Programs
Case/Care Management	Personal Care Services
Centers for Independent Living	Personal Emergency Response Systems
Child Care Provider Referrals	Personal Finances/Budget Counseling
Companionship	Private Duty Nursing
Condition Specific Rehabilitation Services	Property Tax Exemption Information
Congregate Meals/Nutrition Sites	Protective Services
Early Intervention Services for Children with Disabilities or Delays	Respite Care
Food Pantries	Senior Centers
Food Stamps	Services for People Living with Developmental Disabilities
Friendly Visiting	Skilled Nursing Facilities/Nursing Homes
Health Care Referrals	Soup Kitchens
Home Barrier Evaluation/Removal	Special Education Assessments
Home Delivered Meals	Substance Abuse Services
Home Health Care	Support Groups/Counseling
Home Maintenance & Minor Repair Services	Telephone Reassurance
Home Rehabilitation	Transportation
Hospice	Utility Bill Payment Assistance
Household Safety Education	Vocational Rehabilitation
Housing—Low Income, Subsidized and Non-Subsidized Rentals	Weatherization Programs
In-Home Attendants for People with Disabilities	Wellness Programs
	WIC
	Yard Work

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## Where are Long Term Care services provided?



Long Term Care services are provided in a variety of settings:

- In your home, such as home delivered meals or home health services;
- In the community where you live, such as a senior center or congregate dining site; or
- In a residential setting, such as an adult care home or skilled nursing facility.

Some agencies only perform services in one of the above settings while others may offer services in multiple settings. NY Connects Niagara County can provide you information about where various services are provided, based on your needs.

## How do I determine my needs?

The type of care you need is determined by the amount of help you need with daily activities, such as:

- Bathing
- Dressing
- Eating
- Grooming
- Toileting
- Mobility/Transferring
- Housework
- Cleaning
- Preparing Meals
- Laundry
- Shopping/Errands
- Transportation



If you need help with one or more of these activities, you may need long term care services. Although it may be hard to decide what care and services you want, NY Connects Niagara County can connect you with the resources that can assist you.

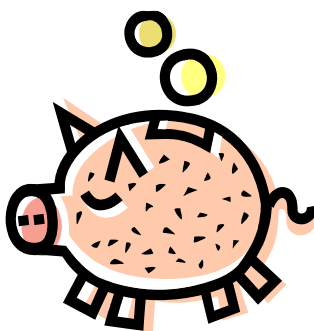
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## How do I pay for Long Term Care services?

The following are common means of paying for long term care services:

- Long Term Care Insurance
- Medicare
- Medicaid
- Private resources, such as savings, pensions, or trust funds
- Veterans Benefits
- Health Insurance
- SSI/SSD

When your insurance does not cover the care you need, you may need to find a way to pay for your expenses.



## What are Adult Day Programs?

There are two types of adult day programs; adult day medical programs or adult day social programs.

**Adult Day Medical Programs** are day care centers that provide health and related services as well as care and supervision for adults. These adults may require physical rehabilitation or other condition-specific forms of assistance on a limited but regular basis. These individuals would more than likely be at risk for entering a skilled nursing or intermediate care facility without the support of this type of program.

**Adult Day Social Programs** provide care and supervision in a protective setting for dependent adults living in the community. Services may include social and recreational activities, training that is essential for sustaining activities of daily living, hot meals and other related services.

The programs listed in the resource guide are provided in a community-based facility.



**The Dale Association, Inc.  
Memory Minders**

33 Ontario Street  
Lockport, NY 14094  
Phone: (716) 433-1886  
Fax: (716) 433-1212

<b>Also Known As:</b>	Memory Minders: Early Memory Loss Program
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	315 Bewley Building, Lockport, NY 14094
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	<a href="http://www.daleassociation.com">www.daleassociation.com</a>
<b>Email Address:</b>	<a href="mailto:info@daleassociation.com">info@daleassociation.com</a>
<b>Hours of Operation:</b>	10:00 am to 2:00 pm, Monday and Friday.
<b>Services Provided:</b>	A program for people with mild memory impairment, based on a proven model founded by the Brookdale Foundation.
<b>Eligibility Requirements:</b>	Willingness to accept that a problem with early memory loss exists. Program is voluntary.
<b>Documentation Required:</b>	Resident of Niagara County.
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	MetroLink and ParaTransit directly on route. Dale Transportation Services also available.
<b>Application Process:</b>	Interview assessment and mini-mental screening, where appropriate.
<b>Languages:</b>	English.
<b>Cost of Services:</b>	Please contact The Dale Association for more information.
<b>Payment Methods:</b>	Private pay (cash, check, credit card).

## DeGraff Adult Day Care

82 Mead Street  
North Tonawanda, NY 14120  
Phone: (716) 694-7662  
Fax: (716) 694-9924

<b>Also Known As:</b>	Kaleida Health — DeGraff Adult Day Care, DADC
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	www.kaleidahealth.org or vna-wny.com
<b>Email Address:</b>	Email agency via contact form on website.
<b>Hours of Operation:</b>	7:00 am to 4:30 pm, Monday through Friday.
<b>Services Provided:</b>	Social adult day services including assessment and individual care planning, on-going care management, supervision and monitoring for safety, socialization, maintenance of daily living skills, therapeutic arts and crafts, entertainment and education programs, exercise programs, intergenerational programs, personal care (including shower and beauty salon services), breakfast, lunch and snack, caregiver assistance (including family support group meetings), transportation arrangements, community projects and volunteer opportunities.
<b>Eligibility Requirements:</b>	Age 21 and older, functionally impaired, whether due to physical or cognitive conditions, and in need of the assistance of another person in at least one of the following activities of daily living: toileting, mobility, transferring, eating or needing supervision due to cognitive and/or psycho-social impairment AND must be capable of benefiting from a structured, comprehensive program in a protective setting, capable of self-administering medication with or without staff prompting and setup, and capable of being transported to the Center.
<b>Documentation Required:</b>	DeGraff Adult Day Care staff will complete the necessary assessments to determine eligibility. Medical history and physical will be required within 6 months.
<b>Geographic Area Served:</b>	Niagara and Northwest Erie counties.
<b>Public Transportation:</b>	Transportation arrangements are made by staff with appropriate level of common or handicapped carriers, as necessary.
<b>Application Process:</b>	Call (716) 694-7662 to setup an appointment for a tour, assessment and free trial day.
<b>Languages:</b>	English. Special language needs are available via communication services within Kaleida Health System.
<b>Cost of Services:</b>	Please contact DeGraff Adult Day Care for more information.
<b>Payment Methods:</b>	Private pay (cash, check). DeGraff Adult Day Care is reimbursed directly by funding sources for those clients receiving financial subsidy.

## **GuildCare**

4520 Military Road  
Niagara Falls, NY 14305  
Phone: (716) 285-3499  
Fax: (716) 285-1433

<b>Also Known As:</b>	JGB Health Facilities
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	www.jgb.org
<b>Email Address:</b>	info@jgb.org
<b>Hours of Operation:</b>	8:00 am to 4:00 pm, Monday through Friday.
<b>Services Provided:</b>	On-site medical, rehabilitative and social services including adult day medical/health care, nursing, social work, physical, occupational and speech therapy, vision rehabilitation, therapeutic recreation, nutrition counseling.
<b>Eligibility Requirements:</b>	18 years of age and older, medical condition and/or visually impaired, and would benefit from a minimum of 5 hours of care a day. Lunch is provided.
<b>Documentation Required:</b>	
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	Transportation provided to and from the program.
<b>Application Process:</b>	Referral via telephone by interested party, potential registrant, family member, physician, etc.
<b>Languages:</b>	English.
<b>Cost of Services:</b>	Varies based on services. Please contact GuildCare for more information.
<b>Payment Methods:</b>	Medicaid, private pay.

## Medina Memorial Health Care System Long Term Home Health Care Program

11020 West Center Street  
Medina, NY 14103  
Phone: (585) 798-5054 or 1-888-240-0240  
Fax: (585) 798-1687

<b>Also Known As:</b>	Medina Home Care
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	200 Ohio Street, Medina, NY 14103
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	<a href="http://www.medinamemorial.org">www.medinamemorial.org</a>
<b>Email Address:</b>	<a href="mailto:medinahome@live.com">medinahome@live.com</a>
<b>Hours of Operation:</b>	8:00 am to 4:00 pm, Monday through Friday.
<b>Services Provided:</b>	Long Term Home Health Care Program that offers skilled nursing, physical therapy, occupational therapy, social work, respiratory therapy, registered dietician and home health aide services to eligible individuals in their home.
<b>Eligibility Requirements:</b>	Please contact the Medina Long Term Home Health Care Program at (585) 798-5054 for more information.
<b>Documentation Required:</b>	Physician orders.
<b>Geographic Area Served:</b>	Eastern Niagara County (Gasport Road is cut-off), Orleans County.
<b>Public Transportation:</b>	
<b>Application Process:</b>	Please contact the Medina Long Term Home Health Care Program for application process.
<b>Languages:</b>	English.
<b>Cost of Services:</b>	Varies based on services. Please contact Medina Long Term Home Health Care Program for more information.
<b>Payment Methods:</b>	Medicare, Medicaid, insurances, long term care insurance, private pay (cash, check).

## Niagara County Health Department Long Term Home Health Care Program

5467 Upper Mountain Road  
Lockport, NY 14094  
Phone: (716) 439-7470  
Fax: (716) 439-439-7483

<b>Also Known As:</b>	Nursing Home Without Walls
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	
<b>Other Site Addresses:</b>	1001 11th Street, Niagara Falls, NY 14301 Phone: (716) 278-1900 Fax: (716) 278-1936
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	<a href="http://www.niagaracounty.com">www.niagaracounty.com</a>
<b>Email Address:</b>	<a href="mailto:nchd.nursing@niagaracounty.com">nchd.nursing@niagaracounty.com</a>
<b>Hours of Operation:</b>	Office: 8:00 am to 4:00 pm, Monday through Friday. On call 24 hours a day, 7 days a week.
<b>Services Provided:</b>	Skilled nursing, physical therapy, occupational therapy, speech therapy, medical social worker, respiratory therapy, nutritionist, home health aide, personal care aide, adult social day care, transportation for day care, respite, home adaptation, home delivered meals, personal emergency response system, AIDS home care program, and nurse case management.
<b>Eligibility Requirements:</b>	Medically eligible for nursing home placement, care needs can be safely met at home, cost of care billed to Medicaid must be 75% or less of cost of health related facility or skilled nursing facility care, nursing home Medicaid must be in place (unless privately paying for service).
<b>Documentation Required:</b>	Evaluation by Niagara County Health Department. Medicaid recipients need a joint evaluation by the Niagara County Health Department and Department of Social Services.
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	
<b>Application Process:</b>	Referral to the Niagara County Long Term Home Health Care Program, once chronic care Medicaid is confirmed by the Department of Social Services. Evaluation is done by the Niagara County Health Department and Department of Social Services.
<b>Languages:</b>	English. Translation available for other languages.
<b>Cost of Services:</b>	Varies based on services. Please contact the Niagara County Health Department for more information.
<b>Payment Methods:</b>	Private pay, all insurances, Medicaid.

## Visiting Nursing Association of Western New York Long Term Home Health Care Program

5714 South Transit Road  
Lockport, NY 14094  
Phone: (716) 433-1912  
Fax: (716) 433-1915

<b>Also Known As:</b>	VNA of WNY, Kaleida Health
<b>Formerly Known As:</b>	
<b>Mailing Address:</b>	
<b>Other Site Addresses:</b>	
<b>TDD/TYY Number:</b>	
<b>Website Address:</b>	<a href="http://www.vna-wny.org">www.vna-wny.org</a>
<b>Email Address:</b>	Email agency via contact form on website.
<b>Hours of Operation:</b>	8:00 am to 4:30 pm, 7 days a week.
<b>Services Provided:</b>	Skilled nursing, private duty, physical therapy, occupational therapy, personal care aide, home health aide, and respite services.
<b>Eligibility Requirements:</b>	
<b>Documentation Required:</b>	Physician's orders.
<b>Geographic Area Served:</b>	Niagara County.
<b>Public Transportation:</b>	
<b>Application Process:</b>	Referral made to Central Intake Office at (716) 630-8311 or (716) 630-8312.
<b>Languages:</b>	English. Translation services available upon request.
<b>Cost of Services:</b>	Varies based on services. Please contact Visiting Nursing Association of Western New York for more information.
<b>Payment Methods:</b>	Medicare, Medicaid, insurances, private pay.

