





| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
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|    |  Everyone's Irish<br>On March 17th.   |    |   | <b>1) Chili Con Carne</b><br>(with 1 package crackers)<br>Seasoned Rice<br>Green and Yellow Beans<br>Cornbread<br>Fresh Fruit   |
| <b>4) Salisbury Steak with Gravy</b><br>AuGratin Potatoes<br>California Blend Vegetables<br>Whole Wheat Dinner Roll<br>Oatmeal Raisin Cookies | <b>5) Grilled Chicken Breast with Lettuce &amp; Tomato on Whole Wheat Bun</b><br>Tri Color Pasta Salad<br><b><u>Minestrone Soup</u></b> (with crackers)<br>Fresh Fruit<br>(Mayo pc)  | <b>6) <u>Ash Wednesday</u> Vegetable Lasagna</b><br>Spinach<br>Whole Wheat Bread<br>Chilled Peaches<br>(Parmesan Cheese)                       | <b>7) Breaded Chicken Drumsticks</b><br>Baked Beans<br>Scandinavian Vegetables<br>Wheat Bread<br>Jell-O Poke Cake  | <b>8) Meatless Breakfast Casserole</b><br>Corn<br>Prince Edward Blend Veg<br>Blueberry Square<br>Heavenly Hash Dessert  |
| <b>11) Goulash</b><br>Seasoned Steamed Carrots<br>Whole Wheat Dinner Roll<br>Fresh Apple<br>(Parmesan pc)                                     | <b>12) Hot Roast Beef and Gravy on a Wheat Bun</b><br>Tossed Salad (Romaine & mesclun tomatoes, cucumbers, onion)<br>Mashed Potatoes<br>Brownie<br>(Horseradish pc & Salad Dressing) | <b>13) Chicken Fingers with BBQ Sauce</b><br>Potatoes O'Brien<br>Country Blend Vegetables<br>Whole Wheat Dinner Roll<br>Chilled Fruit Cocktail | <b>14) Turkey &amp; Cheese with Lettuce &amp; Tomato on Small Sub Roll</b><br>Potato Salad<br><b><u>Chicken Cannelloni Soup</u></b><br>(with one package crackers)<br>Fresh Fruit<br>(Mayo & Mustard)                                | <b>15) <u>St Patrick's Day Special Dessert</u> Macaroni and Cheese</b><br>Stewed Tomatoes<br>Wheat Bread<br>Chilled Mandarin Oranges<br>Decorated Cookies for St. Patrick's Day Dessert |
| <b>18) Baked Chicken Leg with Gravy</b><br>Seasoned Brown Rice<br>Beets<br>Whole Wheat Bread<br>Chilled Pears                                 | <b>19) Sliced Turkey with Gravy</b><br>Bread Stuffing<br>Green Beans<br>Muffin<br>Fresh Fruit  | <b>20) Stuffed Pepper with Meat Sauce</b><br>Mashed Potatoes<br>Broccoli<br>Whole Wheat Bread<br>Mandarin Orange Delight                       | <b>21) Mild Italian Sausage Link or Patty with Green Peppers &amp; Onions on a Hot Dog or Hamburger Roll</b><br>Parsley Buttered Rotini<br>California Blend Vegetables<br>Tapioca Pudding (whip topping)<br>(Mustard and Ketchup pc) | <b>22) Meatless Cheese Tortellini (1 cup) with Tomato Sauce</b><br>Capri Blend Vegetables<br>Italian Bread<br>Fresh Fruit<br>(Parmesan pc)  |
| <b>25) Beef Stew</b><br>Spinach<br>Biscuit<br>Chilled Peaches   | <b>26) Baked Chicken Breast with Gravy</b><br>Mashed Potatoes<br>Corn<br>Whole Wheat Bread<br>Fresh Fruit  | <b>27) Roast Pork Au Jus</b><br>Scalloped Potatoes<br>Carrot Coins<br>Dinner Roll<br>Apple Crisp   | <b>28) Ground Beef and Mushroom Casserole with Biscuit Crust</b><br>Rice Florentine<br>Brussels Sprouts<br>Deluxe Fruit Salad  | <b>29) Tuna Salad</b><br>Cucumber Pepper Salad<br><b><u>Lentil Brown Rice Soup</u></b><br>(with one package crackers)<br>Whole Wheat Sandwich Roll<br>Fresh Fruit                       |