



Niagara County Office for the Aging  
111 Main Street, Suite 101  
Lockport, NY 14094  
*Eat Well...Stay Well Dining Program*  
439-4030

*Recipe provided by Niagara County Office for the Aging,  
Eat Well...Stay Well Dining Program*

## Easy Black Bean Brownies

1 Brownie Mix for a 9x13-inch pan of brownies  
1 (15 ounce) can black beans, rinsed and drained  
1 cup water  
1 cup chocolate chips, divided

1. Preheat oven to 350F degrees.
2. Lightly grease a 9x13-inch baking pan and set aside.
3. Puree the beans and water together in a blender or food processor until smooth.
4. Stir into the brownie mix until combined.
5. Stir in 1/2 cup chocolate chips.
6. Pour the mixture into the prepared pan and sprinkle with chocolate chips.
7. Bake for 25-27 minutes or until a toothpick inserted 2 inches from the side of the pan comes out almost clean.
8. Cool completely on a wire rack and then cut into desired size and shape brownies.