



**NIAGARA COUNTY  
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## ***From the Public Health Planning & Information/Emergency Preparedness Officer***

### **FOR IMMEDIATE NEWS RELEASE**

**September 29, 2008**

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### **October is Breast Cancer Awareness Month**

Breast cancer is the second leading cause of cancer-related death among women in New York State. Each year, nearly 14,000 New York women are diagnosed with breast cancer and about 3,000 die from the disease.

All women 40 and over should get an annual mammogram and clinical breast exam. Women 20 to 39 should get a clinical breast exam at least once every three years. A mammogram, along with a clinical breast exam is an effective tool to detect breast cancer in its early stage and has been successful in reducing overall cancer and mortality.

The earlier breast cancer is detected, the better; early detection of breast cancer through mammography and clinical breast examination has led to a significant increase in the numbers of individuals who survive this disease. Improved treatment options have also led to increased survival among those diagnosed with breast cancer.

The Healthy Living Partnership of Niagara County provides free breast cancer screening to qualified individuals who have no health insurance, or have health insurance with high co-pays. To find out if you are eligible for this program, call 215-0553.