



Long Term Home Health Care Programs Are Available Locally

When a loved one is in need of extra support services to remain independent in his or her own home, one option to consider is a Long Term Home Health Care Program. This is also commonly known as a “Nursing Home Without Walls Program”. It is effective in delaying and often preventing nursing home placement.

A Long Term Home Health Care Program helps individuals of any age to improve or maintain their health and assists them with their daily activities. Each program participant has a Registered Professional Nurse to monitor his or her health as well as coordinate the other services that may be required.

The strength of the program is the ability to combine an array of services to meet an individual’s specific needs. These services may include nursing, physical therapy, occupational therapy, speech therapy, aide services, home delivered meals, adult social day care with transportation, respite for caregivers, medical social work, respiratory therapy, nutritional counseling, emergency response systems, housing modifications and more. Services can be brought in or removed as a client’s condition changes and the nurse can adjust the services as needed with approval from the individual’s physician.

Doctors, hospitals, nursing homes, family or friends can make referrals to the program. As a joint program with the Department of Social Services, it is cost effective in providing care that is contained at no more than 75% of the cost of nursing home care.

The Niagara County Department of Health is a provider of a Long Term Home Health Care Program. The nursing staff is proud to offer these services to the residents of Niagara County. They work with clients and their families to empower them to be as independent as possible, while providing the support they need to remain in their own home. Quality of life is so much better for many individuals if they are able to stay in their community and receive dignified care in their own home.

NY Connects Niagara County can provide information about available Long Term Home Health Care Programs in our community. Individuals in need of information regarding NY Connects Niagara County, Long Term Home Health Care Programs or other available long term care services are encouraged to call (716) 438-3030 for assistance.

Kathy Cavagnaro is the Long Term Home Health Care Coordinator for the Niagara County Department of Health Nursing Division and a member of the Niagara County Long Term Care Advisory Council. Additional information about the Niagara County Department of Health Nursing Division is available by calling (716) 439-7470. The NY Connects column appears in the Union-Sun & Journal the last Saturday of each month. Submissions for topics or agency spotlights for future articles are welcome. To recommend a topic or make a suggestion, call 438-3030 or email nyconnects@niagaracounty.com.